**LLANGROVE LUNCH ORDERS** To cancel a lunch telephone: 01981 580352 or email admin@st-weonards.hereford.sch.uk before 9.30am to receive a credit. Please note that credits will only be given if we have been notified of the cancellation. Please complete the form below and return to the school office along with the correct money by **Monday** of the previous week. **Please do not send in orders without any money**. We accept orders for 1, 2 or 3 weeks at a time. Cheques payable to Herefordshire Council. Vegetables are served with the jacket potato and vegetarian options. **COST FOR KS2 LUNCH £2.20 PER DAY**

| **Monday 26th September 2016** | |
|---|---|
| Spaghetti bolognaise with broccoli | |
| Or Jacket Potato, cheese and beans | |
| Or vegetarian – Vegetarian pasta | |
| Strawberry whip | |
| Fruit yoghurt | |
| Selection of fresh fruit | |
| *Cheese & biscuits* | |
| **Tuesday 27th September** Chicken burger with wedges and sweetcorn | |
| Or Jacket Potato, cheese and beans | |
| Or vegetarian – Veggie burger | |
| Assorted cookies | |
| Fruit yoghurt | |
| Selection of fresh fruit | |
| *Cheese & biscuits* | |
| ***Wednesday 28th September*** Sausages, roast potatoes, cauliflower cheese, carrots and gravy | |
| Or Jacket Potato, cheese and beans | |
| Or vegetarian – Veggie sausage | |
| Orange jelly and fruit | |
| Fruit yoghurt | |
| Selection of fresh fruit | |
| *Cheese & biscuits* | |
| ***Thursday 29th September*** Assorted pizza, chips, cucumber and carrot batons | |
| Or jacket potato, cheese and beans | |
| Or vegetarian – Margherita pizza | |
| Chocolate crunch | |
| Fruit yoghurt | |
| Selection of fresh fruit | |
| Cheese & biscuits | |
| ***Friday 30th September*** Fish cakes, cheesy mash, peas and/or beans | |
| Or jacket potato, cheese and beans | |
| Or vegetarian – cheese and onion bites | |
| Vanilla sponge cake | |
| Fruit yoghurt | |
| Selection of fresh fruit | |
| Cheese and biscuits | |

| **Monday 3rd October** Chicken pasta bake, peas and sweetcorn | |
|---|---|
| Or jacket potato, cheese and beans | |
| Or vegetarian – cheesy pasta bake | |
| Fruit wedges | |
| Fresh fruit | |
| Fruit yoghurt | |
| Cheese and biscuits | |
| **Tuesday 4th October** Savoury mince, Yorkshire pudding, mash and green beans | |
| Or jacket potato, cheese and beans | |
| Or vegetarian – Savoury veggie mince | |
| Flapjack | |
| Fruit yoghurt | |
| Selection of fresh fruit | |
| Cheese & biscuits | |
| **Wednesday 5th October** Roast pork loin, roast potatoes, broccoli, carrots, gravy and apple sauce | |
| Or jacket potato, cheese and beans | |
| Or vegetarian – Cheesy vegetable loaf | |
| Banana whip and fresh banana | |
| Fruit yoghurt | |
| Selection of fresh fruit | |
| Cheese & biscuits | |
| ***Thursday 6th October*** Sweet and sour chicken, noodles and mixed vegetables | |
| Or jacket potato, cheese and beans | |
| Or vegetarian – Sweet and sour vegetables | |
| Shortbread | |
| Fruit yoghurt | |
| Selection of fresh fruit | |
| Cheese & biscuits | |
| ***Friday 7th October*** Battered fish fillets, chips, peas/beans | |
| Or jacket potato, cheese and beans | |
| Or vegetarian – veggie fingers | |
| Chocolate fudge cake | |
| Fruit yoghurt | |
| Selection of fresh fruit | |
| Cheese & biscuits | |

| **Monday 10th October** | |
|---|---|
| Burgers, wedges and sweetcorn | |
| Or jacket potato, cheese and beans | |
| Or vegetarian – Veggie hot dogs | |
| Strawberry jelly | |
| Fruit yoghurt | |
| Selection of fresh fruit | |
| Cheese and biscuits | |
| **Tuesday 11th October** | |
| Cowboy sausage pie, mash and peas | |
| Or jacket potato, cheese and beans | |
| Or vegetarian – Veggie cow boy pie | |
| Golden pop squares | |
| Fruit yoghurt | |
| Selection of fresh fruit | |
| Cheese and biscuits | |
| **Wednesday 12th October** Roast turkey, roast potatoes, carrots, green beans, gravy and cranberry sauce | |
| Or jacket potato, cheese and beans | |
| Or vegetarian – Quorn fillet | |
| Crème caramel and fruit | |
| Fruit yoghurt | |
| Selection of fresh fruit | |
| Cheese and biscuits | |
| **Thursday 13th October** | |
| Lasagne and broccoli | |
| Or jacket potato, cheese and beans | |
| Or vegetarian – Veggie lasagne | |
| Assorted cookies | |
| Fruit yoghurt | |
| Selection of fresh fruit | |
| Cheese and biscuits | |
| **Friday 14th October** | |
| Fish fingers, chips, peas and/or beans | |
| Or jacket potato, cheese and beans | |
| Or vegetarian – cheesy baked omelette | |
| St. Clements cake | |
| Fruit yoghurt | |
| Selection of fresh fruit | |
| Cheese and biscuits | |

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Name: Class: Name: Class: Name: Class:

**PLEASE DO NOT SEND IN ORDERS WITHOUT ANY MONEY**