

LLANGROVE LUNCH ORDERS To cancel a lunch telephone: 01981 580352 or email admin@st-weonards.hereford.sch.uk before 9.30am to receive a credit. Please note that credits will only be given if we have been notified of the cancellation. Please complete the form below and return to the school office along with the correct money by **Monday** of the previous week. **Please do not send in orders without any money.** We accept orders for 1, 2 or 3 weeks at a time. **Please do not send in orders without any money.** We accept orders for 1, 2 or 3 weeks at a time. **Cheques payable to Herefordshire Council and attached to menu.** Cash must be in a sealed envelope with your child's name clearly marked. Vegetables are served with the jacket potato and vegetarian options. **KS2 lunches £2.20 per day.**

<p>Monday 9th January 2017</p> <p>Meat balls in tomato sauce with mash and broccoli</p> <p>Or Jacket Potato, cheese and beans</p> <p>Or vegetarian – Vegetarian balls</p> <p>Banana and custard</p> <p>Fruit yoghurt</p> <p>Selection of fresh fruit</p> <p>Cheese & biscuits</p> <p>Tuesday 10th January 2017</p> <p>Hot dogs with wedges, sweetcorn and cucumber</p> <p>Or Jacket Potato, cheese and beans</p> <p>Or vegetarian – Veggie hot dog</p> <p>Assorted cookies</p> <p>Fruit yoghurt</p> <p>Selection of fresh fruit</p> <p>Cheese & biscuits</p> <p>Wednesday 11th January 2017</p> <p>Roast Chicken, roast potatoes, cauliflower cheese, carrots and gravy</p> <p>Or Jacket Potato, cheese and beans</p> <p>Or vegetarian – Veggie bites</p> <p>Chocolate crunch and chocolate custard</p> <p>Fruit yoghurt</p> <p>Selection of fresh fruit</p> <p>Cheese & biscuits</p> <p>Thursday 12th January 2017</p> <p>Assorted pizza, chips, cucumber and carrot batons</p> <p>Or jacket potato, cheese and beans</p> <p>Or vegetarian – Margherita pizza</p> <p>Orange jelly and fruit</p> <p>Fruit yoghurt</p> <p>Selection of fresh fruit</p> <p>Cheese & biscuits</p> <p>Friday 13th January 2017</p> <p>Fish cakes, cheesy mash, peas and/or beans</p> <p>Or jacket potato, cheese and beans</p> <p>Or vegetarian – cheese and onion bites</p> <p>Vanilla sponge cake</p> <p>Fruit yoghurt</p> <p>Selection of fresh fruit</p> <p>Cheese and biscuits</p>	<p>Monday 16th January 2017</p> <p>Chicken pie, wedges, peas and sweetcorn</p> <p>Or jacket potato, cheese and beans</p> <p>Or vegetarian – Vegetable fingers</p> <p>Fruit wedges</p> <p>Fresh fruit</p> <p>Fruit yoghurt</p> <p>Cheese and biscuits</p> <p>Tuesday 17th January 2017</p> <p>Savoury mince, Yorkshire pudding, mash and green beans</p> <p>Or jacket potato, cheese and beans</p> <p>Or vegetarian – Savoury veggie mince</p> <p>Flapjack</p> <p>Fruit yoghurt</p> <p>Selection of fresh fruit</p> <p>Cheese & biscuits</p> <p>Wednesday 18th January 2017</p> <p>Roast pork loin, roast potatoes, broccoli, carrots, gravy and apple sauce</p> <p>Or jacket potato, cheese and beans</p> <p>Or vegetarian – Cheesy vegetable loaf</p> <p>Shortbread</p> <p>Fruit yoghurt</p> <p>Selection of fresh fruit</p> <p>Cheese & biscuits</p> <p>Thursday 19th January 2017</p> <p>Sausage, mash, mixed vegetables, Yorkshire pudding and gravy</p> <p>Or jacket potato, cheese and beans</p> <p>Or vegetarian – veggie sausage</p> <p>Apple pie and custard</p> <p>Fruit yoghurt</p> <p>Selection of fresh fruit</p> <p>Cheese & biscuits</p> <p>Friday 20th January 2017</p> <p>Battered fish fillets, chips, peas/beans</p> <p>Or jacket potato, cheese and beans</p> <p>Or vegetarian – Veggie slice</p> <p>Chocolate fudge cake</p> <p>Fruit yoghurt</p> <p>Selection of fresh fruit</p> <p>Cheese & biscuits</p>	<p>Monday 23rd January 2017</p> <p>Chicken wrap, wedges and peas</p> <p>Or jacket potato, cheese and beans</p> <p>Or vegetarian – cheesy wrap</p> <p>Strawberry jelly</p> <p>Fruit yoghurt</p> <p>Selection of fresh fruit</p> <p>Cheese and biscuits</p> <p>Tuesday 24th January 2017</p> <p>Sausage roll, mash, beans, cucumber and carrot sticks</p> <p>Or jacket potato, cheese and beans</p> <p>Or vegetarian – Cheese and onion roll</p> <p>Golden pop squares</p> <p>Fruit yoghurt</p> <p>Selection of fresh fruit</p> <p>Cheese and biscuits</p> <p>Wednesday 25th January 2017</p> <p>Roast turkey, roast potatoes, carrots, green beans, gravy and cranberry sauce</p> <p>Or jacket potato, cheese and beans</p> <p>Or vegetarian – Quorn fillet</p> <p>Ginger sponge and custard</p> <p>Fruit yoghurt</p> <p>Selection of fresh fruit</p> <p>Cheese and biscuits</p> <p>Thursday 26th January 2017</p> <p>Beef lasagne and broccoli</p> <p>Or jacket potato, cheese and beans</p> <p>Or vegetarian – Veggie lasagne</p> <p>Assorted cookies</p> <p>Fruit yoghurt</p> <p>Selection of fresh fruit</p> <p>Cheese and biscuits</p> <p>Friday 27th January 2017</p> <p>Fish fingers, chips, peas and/or beans</p> <p>Or jacket potato, cheese and beans</p> <p>Or vegetarian – cheesy baked omelette</p> <p>St. Clements cake</p> <p>Fruit yoghurt</p> <p>Selection of fresh fruit</p> <p>Cheese and biscuits</p>
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PLEASE DO NOT SEND IN ORDERS WITHOUT ANY MONEY