LLANGROVE LUNCH ORDERS To cancel a lunch telephone: 01981 580352 or email admin@st-weonards.hereford.sch.uk before 9.30am to receive a credit. Please note that credits will only be given if we have been notified of the cancellation. Please complete the form below and return to the school office along with the correct money by **Monday** of the previous week. **Please do not send in orders without any money**. We accept orders for 1, 2 or 3 weeks at a time. Cheques payable to Herefordshire Council. Vegetables are served with the jacket potato and vegetarian options.

KS1

Monday 3rd July 2017	
Picnic style lunch (assorted sandwiches, chicken nugget, mini sausages, salad and French fries	
Or Jacket Potato, cheese and beans	
Or vegetarian – Vegetarian buffet lunch	
Vanilla ice cream tub	
Fruit yoghurt	
Selection of fresh fruit	
Cheese & biscuits	
Tuesday 4th July Meat balls in tomato sauce with mash and broccoli	
Or Jacket Potato, cheese and beans	
Or vegetarian – Swedish meat balls	
Orange jelly	
Fruit yoghurt	
Selection of fresh fruit	
Cheese & biscuits	
Wednesday 5th July Roast Chicken, roast potatoes, cauliflower cheese, carrots, stuffing and gravy	
Or Jacket Potato, cheese and beans	
Or vegetarian – Quorn fillet	
Assorted cookies	
Fruit yoghurt	
Selection of fresh fruit	
Cheese & biscuits	
Thursday 6th July Pepperoni, chicken or ham/pineapple pizza, chips, cucumber and carrot batons	
Or jacket potato, cheese and beans	
Or vegetarian – Margherita pizza	
Assorted fruit wedges	
Fruit yoghurt	
Selection of fresh fruit	
Cheese & biscuits	
Friday 7th July Fish cakes, mash, peas or beans	
Or jacket potato, cheese and beans	
Or vegetarian – Veggie nuggets	
Chocolate fudge cake	
Fruit yoghurt	
Selection of fresh fruit	
Cheese and biscuits	

Monday 10th July Chicken wraps, wedges, peas, salad and sweetcorn	
Or jacket potato, cheese and beans	
Or vegetarian – Cheese wraps	
Frozen strawberry or chocolate mousse tub	
Fresh fruit	
Fruit yoghurt	
Cheese and biscuits	
Tuesday 11th July Savoury mince, mash, Yorkshire pudding and green beans	
Or jacket potato, cheese and beans	
Or vegetarian – Jacket potato with cheese	
Flapjack	
Fruit yoghurt	
Selection of fresh fruit	
Cheese & biscuits	
Wednesday 12th July Roast pork loin, roast potatoes, broccoli, carrots, gravy and apple sauce	
Or jacket potato, cheese and beans	
Or vegetarian – Glamorgan sausage	
Assorted cookies	
Fruit yoghurt	
Selection of fresh fruit	
Cheese & biscuits	
Thursday 13th July Jacket potato, tuna mayonnaise or ham, cheese and salad	
Or jacket potato, cheese and beans	
Or vegetarian – veggie mince	
Strawberry frozen delight with fresh strawberries	
Fruit yoghurt	
Selection of fresh fruit	
Cheese & biscuits	
Friday 14th July Battered fish fillets, chips, peas/beans	
Or jacket potato, cheese and beans	
Or vegetarian – Veggie slice	
St Clements cake	
Fruit yoghurt	
Selection of fresh fruit	
Cheese & biscuits	

Monday 17th July	
Sausage rolls, wedges, baked beans or salad	
Or jacket potato, cheese and beans	
Or vegetarian – Vegetable fingers	
Strawberry jelly	
Fruit yoghurt	
Selection of fresh fruit	
Cheese and biscuits	
Tuesday 18th July	
Whole School Trip	
Packed lunch	
Wednesday 19th July	
TEDDY BEAR'S PICNIC	
Packed Lunch	
Thursday 20th July Roast turkey, roast potatoes, carrots, green beans, gravy and Yorkshire pudding	
Or jacket potato, cheese and beans	
Or vegetarian – Veggie sausage	
Assorted cookies	
Fruit yoghurt	
Selection of fresh fruit	
Cheese and biscuits	
Friday 21st July	
Fish fingers, chips, peas/beans	
Or jacket potato, cheese and beans	
Or vegetarian – cheesy baked omelette	
Vanilla sponge	
Fruit yoghurt	
Selection of fresh fruit	
Cheese and biscuits	

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