

**LLANGROVE LUNCH ORDERS** To cancel a lunch telephone: 01981 580352 or email [admin@st-weonards.hereford.sch.uk](mailto:admin@st-weonards.hereford.sch.uk) before 9.30am to receive a credit. Please note that credits will only be given if we have been notified of the cancellation. Please complete the form below and return to the school office along with the correct money by **Monday** of the previous week. **Please do not send in orders without any money.** We accept orders for 1, 2 or 3 weeks at a time. **Cheques payable to Herefordshire Council.** Vegetables are served with the jacket potato and vegetarian options.

<b>Monday 25<sup>th</sup> September 2017</b>		<b>Monday 2<sup>nd</sup> October</b>		<b>Monday 9<sup>th</sup> October</b>	
Picnic style lunch (assorted sandwiches, chicken nugget, mini sausages, salad and French fries)		Chicken wraps, wedges, peas and sweetcorn		Sausage rolls, wedges, baked beans or salad	
Or Jacket Potato, cheese and beans		Or jacket potato, cheese and beans		Or jacket potato, cheese and beans	
Or vegetarian – Vegetarian buffet lunch		Or vegetarian – Cheese wraps		Or vegetarian – Vegetable fingers	
Vanilla ice cream tub		Frozen strawberry or chocolate mousse tub		Strawberry jelly	
Fruit yoghurt		Fresh fruit		Fruit yoghurt	
Selection of fresh fruit		Fruit yoghurt		Selection of fresh fruit	
Cheese & biscuits		Cheese and biscuits		Cheese and biscuits	
<b>Tuesday 26<sup>th</sup> September</b>		<b>Tuesday 3<sup>rd</sup> October</b>		<b>Tuesday 10<sup>th</sup> October</b>	
Meat balls in tomato sauce with mash and broccoli		Savoury mince, mash, Yorkshire pudding and green beans		Chicken pie, mash and mixed country vegetables	
Or Jacket Potato, cheese and beans		Or jacket potato, cheese and beans		Or jacket potato, cheese and beans	
Or vegetarian – Swedish meat balls		Or vegetarian – Veggie mince		Or vegetarian – Veggie burger	
Orange jelly		Or vegetarian – Veggie mince		Banana frozen delight with fresh banana	
Fruit yoghurt		Flapjack		Fruit yoghurt	
Selection of fresh fruit		Fruit yoghurt		Selection of fresh fruit	
Cheese & biscuits		Selection of fresh fruit		Cheese and biscuits	
<b>Wednesday 27<sup>th</sup> September</b>		Cheese & biscuits		<b>Wednesday 11<sup>th</sup> October</b>	
Roast Chicken, roast potatoes, cauliflower cheese, carrots, stuffing and gravy		<b>Wednesday 4<sup>th</sup> October</b>		Sausages, roast potatoes, carrots, green beans, gravy and Yorkshire pudding	
Or Jacket Potato, cheese and beans		Roast pork loin, roast potatoes, broccoli, carrots, gravy and apple sauce		Or jacket potato, cheese and beans	
Or vegetarian – Quorn fillet		Or jacket potato, cheese and beans		Or vegetarian – Veggie sausage	
Assorted cookies		Or vegetarian – Glamorgan sausage		Assorted cookies	
Fruit yoghurt		Assorted cookies		Fruit yoghurt	
Selection of fresh fruit		Fruit yoghurt		Selection of fresh fruit	
Cheese & biscuits		Selection of fresh fruit		Cheese and biscuits	
<b>Thursday 28<sup>th</sup> September</b>		Cheese & biscuits		<b>Thursday 12<sup>th</sup> October</b>	
Pepperoni, chicken or ham/pineapple pizza, chips, cucumber and carrot batons		<b>Thursday 5<sup>th</sup> October</b>		Beef lasagne, broccoli and salad	
Or jacket potato, cheese and beans		Jacket potato, tuna mayonnaise or ham, cheese and salad		Or jacket potato, cheese and beans	
Or vegetarian – Margherita pizza		Or jacket potato, cheese and beans		Or vegetarian – Veggie lasagne	
Assorted fruit wedges		Or vegetarian – Jacket potato with cheese		Shortbread	
Fruit yoghurt		Strawberry frozen delight with fresh strawberries		Fruit yoghurt	
Selection of fresh fruit		Fruit yoghurt		Selection of fresh fruit	
Cheese & biscuits		Selection of fresh fruit		Cheese and biscuits	
<b>Friday 29<sup>th</sup> September</b>		Cheese & biscuits		<b>Friday 13<sup>th</sup> October</b>	
Fish cakes, mash, peas or beans		<b>Friday 6<sup>th</sup> October</b>		Fish fingers, chips, peas/beans	
Or jacket potato, cheese and beans		Battered fish fillets, chips, peas/beans		Or jacket potato, cheese and beans	
Or vegetarian – Veggie nuggets		Or jacket potato, cheese and beans		Or vegetarian – cheesy baked omelette	
Chocolate fudge cake		Or vegetarian – Veggie slice		Vanilla sponge	
Fruit yoghurt		St Clements cake		Fruit yoghurt	
Selection of fresh fruit		Fruit yoghurt		Selection of fresh fruit	
Cheese and biscuits		Selection of fresh fruit		Cheese and biscuits	
		Cheese & biscuits			

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**PLEASE DO NOT SEND IN ORDERS WITHOUT ANY MONEY – Year 3, 4, 5 & 6, School lunch £2.30 per day**