# LLANGROVE CE ACADEMY



Primary PE & Sports Premium 2019 - 2020





Children Playing, Improving & Smiling











Support for review and reflection - considering the 5 key indicators from DfE, what development needs are a priority for your setting and your students now and why? Use the space below to reflect on previous spend, identify current need and priorities for the future.

Key achievements to date:

#### PE Achievements & Performances 2019-20

#### School Games Mark Award

This academic year. Llangrove CE Academy were on target to maintain the Gold award achieved last year. However. due to the current circumstances, the Award has been delayed for the next Academic Year. In its place, Herefordshire School Games organisers decided to create their own Award for primary schools in Herefordshire and we have applied for this Award.

#### Herefordshire Virtual School Games

In June 2020, we were delighted to receive a Silver Medal in the Virtual School Summer Games, Competing against thirty/forty other Primary schools in Herefordshire, the children were asked to throw a rugby ball at a target as many times as possible in 60 seconds. A great result for our school and home-learners!

#### Herefordshire School Games

In Autumn 2019, all children in Years 5 and 6 competed in the Indoor Athletics Competition at John Kyrle High School. Competing against seven other schools they just missed out on 3<sup>rd</sup> place by two points! In Spring 2020, children in Year 4 travelled to Hereford to participate in a non-competitive Multiskills event also organised by Herefordshire School Games. The children participated in arrange of team and individual skills from crab crawling and balancing to running and batting.

## **HMFA Sports League**

Llangrove CE Academy competed in one HMFA Federation Sports League this academic year.

Netball tournament – held at Scudamore Academy – winning every game in their group, achieving 4th place in the finals.

#### Multi-skills

The annual HMFA Federation multi-skills event at Hereford Leisure Centre for Reception and Year 1 was cancelled. However, the children participated at school instead! They were given a range of activities, designed to improve basic movement and fundamental sport skills in a fun and challenging way.

Areas for further improvement and baseline evidence of need.

Continue providing a greater range of activities to engage the more reluctant pupils at break times and lunch times.

Coaches brought in to give children new lexperiences in less common sports.

To continue with our outstanding achievements in the School Games Awards and to strive for the Platinum Mark in 2020 -2021.











#### Dance

Reception & Year 1 were treated to a term of Dance lessons from Emily, a local Dance teacher. Keeping the term's theme of Superheroes, the children devised, practised and performed a range of super moves.

Years 4.5 and 6 also created, practiced and performed a Superhero themed dance in preparation for a matinee and evening performances at the Courtyard Theatre in Hereford, which was unfortunately forced to be cancelled in March 2020. Instead, the children performed to the rest of the school.

For Sport relief this year the school participated in a "Danceathon". On the hour every hour, a dance was performed by all children and staff in every class!

Year 2 and 3 planned, practised and performed a few "Dinosaur" themed dances to the school. They taught everybody the dance moves to a song called "Everybody Walk the Dinosaur".

Years 1, 2 and 3 started Country Dancing lessons in preparation for the May Fayre from Mrs. Haggett.

#### Coaching

Children in Years 4, 5 and 6 had six weeks of coaching by a representative from Worcester Warriors.

Year 2 and 3 were visited from representatives from Ross Bowling Club and were given a chance to have a go at indoor bowling. Kate Williams, who represents England for the sport also did a question and answer session at the end of the afternoon.

Year 2 and 3 were due to receive weekly tennis coaching in April 2020 from Goodrich Tennis Club.

# Swimming

Key Stage 1 completed half of their swimming coaching at Monmouth Girls School this year. All children spent one **hour in the pool** and as a result there has been significant improvement in water confidence and fitness. Swimming lessons and the annual Swimming Gala for Key Stage 2 was cancelled during the Spring term.

#### The Daily Mile

With the school now established as an official member of the "Daily Mile" community, the children at Llangrove Academy are most definitely fitter and more active. There is always an option to walk jog or run the mile – though by the summer term we anticipate a lot of runners! With the mile often pursued after a morning's Collective Worship, we have noticed an improved concentration in class.

# Personal Challenges

Personal Challenges continue at breaktimes/lunchtimes for children to challenge themselves to beat their score/time at various allocated skills. These activities are also encouraged by our Lunchtime Supervisors. Team points are awarded to keep participation and engagement. Target groups have been identified to improve catching and throwing skills.

### Year 6

Year 6 continue to develop their leading skills and lead the cool down sessions after the Daily Mile. The Summer Annual School Multiskills afternoon organised and run by Year 6, was cancelled.











# As the planned swimming for Year 6 was unable to take place we have taken the data from Summer 2019 when these children were in Year 5.

| Meeting national curriculum requirements for swimming and water safety  | Please complete all of the below: |
|---|-----------------------------------|
| What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres?  N.B. Even though your children may swim in another year please report on their attainment on leaving primary school.             | 100%                              |
| What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?   | 60%                               |
| What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?   | 100%                              |
| Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity <b>over and above</b> the national curriculum requirements. Have you used it in this way? Yes Year 6, 1:1 additional provision. | YES                               |











# **Action Plan and Budget Tracking**

Capture your intended annual spend against the 5 key indicators. Clarify the success criteria and evidence of impact that you intend to measure to evaluate for students today and for the future.

## COSTINGS ARE APPROXIMATE AT THIS TIME

| Academic Year: 2019/20 Total fund all   |  | llocated ap       | proximately: £16,580   | Date U  | Jpdated: July 2020   |
|---|--|-------------------|--|---|--|
| Total fund c/f to 2019/20   | £12,198 <b>T</b>   | otal availab      | <b>le</b> : £28,778  |   |  |
| <b>Key indicator 1:</b> The engagement of <u>all</u> pupils in regular physical action primary school children undertake at least 30 minutes of physical actions. |  |                   |  | Percentage of total allocation: %   |  |
| the School focus with clarity on intended impact on pupils:   | Actions to achieve:  | Funding allocated | Evidence and impact:   |   | Sustainability and suggested next steps:   |
| To promote a healthy active lifestyle.  | All children to receive at least 2 hours PE a week. The school is striving to ensure that all pupils have at least 30 minutes o activity a day. Ensure more active lessons Improve quality of playtimes/ lunchtimes. |                   | <ul> <li>Timetables.</li> <li>Pupil tracking and fitned</li> <li>Twice a week, children participate in structure the playground. Field to the playground of the pl</li></ul> | are required to<br>ed moving activities on<br>used in dry conditions.<br>rts Crew" provide a<br>peers to get "moving".<br>are offered during<br>ts Crew feedback. | Structured moving activity already engrained in school timetable. To target specific groups of children (PP/less active) to continue to raise participation levels. Encourage children to lead and gain a love of sport, are motivated and knowledgeable enough to take next steps themselves. Once engrained in the life of the school this will continue without much input. |
| equipment to increase the quality of PE lessons taught.   | Old PE and Sport resources updated<br>and new resources ordered to ensui<br>that all PE lessons have the necessal<br>equipment.  | e                 | Dialogue with staff to ensuand usage. Feedback from children via Children to have a wider ra activities.   | a "Pupil Council".  | Pupils to have experience of a wider range of PE & Sport equipment.  School to perform better in sport with improved fitness levels of pupils.   |









| space and improving activities for break, lunch times and Forest Schools  Aimed at EYFS and KS1.   | 1 10  | No cost<br>this year | enabling a wider range of activities to take place.  Forest Schools will also have further outdoor activity space encouraging 'Den Building' and a                           | To investigate which all-weather outdoor surface would be suitable. To look at suitable playground equipment and obtain quotes from suppliers. |
|--|---|----------------------|--|--|
| sessions on a four-week rota basis   | Forest school sessions for the whole school on a four-week rota basis per class.                    | £100                 |  | Already engrained into the school timetable and to be continued.   |
| Raise the profile of swimming across the whole school including EYFS, KS1 and KS2. Year 6 children to receive extra swimming provision in order to ensure they can: Swim competently, confidently and proficiently over 25 metres. Use a range of strokes effectively. Perform safe self-rescue in different water-based situations. | EYFS, KS1, KS2. Hire of pool KS1  Two support staff together with two extra swimming instructors to | £970<br>£1375        | Pupils are able to self-rescue and attain KS2 requirements by the end of Year 6.   | Swimming for the whole school will continue next year.  Swimming pool and instructors to be booked as well as transport.                       |
| Ensure safety of all sporting, playground equipment and surfaces.  |   | £296                 | ,  | Regular safety inspections & maintenance carried out.  |
| stored safely and easily accessible to the children.   | , ,   | £358                 | Safer updated storage systems will enable the children to independently access the sports equipment, which will encourage a greater use of the sporting resources available. | To purchase new shelving and a new outdoor PE Shed.  |











| <b>Key indicator 2:</b> The profile of PESSP   | PA being raised across the school as a  | tool for whole     | school improvement   | Percentage of total allocation:   |
|--|---|--------------------|--|---|
|  |   |                    |  | %   |
| School focus with clarity on intended <b>impact on pupils</b> :  | Actions to achieve:   | Funding allocated: | Evidence and impact:   | Sustainability and suggested next steps:  |
| on the website and social media.   | "Sports Stars" from each class.   | £ 300              | Pupils monitor their own achievements during lesson plenaries and peer discussion.                                     | Sports Crew to continue to work with pupils. Next steps is to focus on the younger pupils in order to   |
| Assemblies led by pupils celebrating achievements and sporting events.   | Regular sport updates on website and social media.  |                    | Intra-school House competitions.  Inter school competitions – within   | teach them how to lead games and build their leadership skills.   |
| Pupils given leadership roles.   | Sporting achievement displayed on school noticeboard.   |                    | the HMFA Federation and primary schools local to Ross-on-Wye (via  | Year 6 to run a multi-skills event twice during the academic year.  |
| Celebrate participation through certificates, rewards, medals, values  | Pupils to write and read out match  |                    | School Games)  |   |
| trophies etc.  | reports in assembly.  |                    | Match reports to be published on the school website, social media  |   |
| House competitions.  | Pupils to have the opportunity to become a Sports Crew member.  |                    | and school noticeboard.  |   |
| Sponsored events.  | Durch as af new and at  |                    | Sports Crew to be ambassadors of   |   |
|  | Purchase of rewards etc. Organise sporting events. Achieve Sainsbury's Gold award.  |                    | sport around the school, helping to lead competitions, inspire younger pupils and be good role models.                 |   |
|  |   |                    | Year 6 organise and run a yearly multi-skills afternoon for the whole school.  |   |
| To continue promoting physical exercise, 'in-lesson' activities, healthy eating etc. via existing interactive TV screen. | To continue to promote healthy eating, physical exercise, PE lessons and NHS information. Encouraging self-evaluation through filming PE skills and other activities. | No cost.           | On-going updates of videos and interactive activities to allow children to use the screen in lessons and in free time. | This technology enhances the delivery of our PE & sport curriculum. Encouraging PE & sport along with other physical activities whatever the weather. |









| range of sporting and intra-school | Use the school council and class surveys to develop a Llangrove CE Academy school competition calendar.       | peer's achievements to take part in | Photos and displays in school, report in newsletters and on the website.      |
|------------------------------------|---|-------------------------------------|---|
|                                    | Children are introduced to PE & sport at an early age and therefore it becomes engrained in their daily life. | supplies to emulate their older     | PE & Sporting supplies will continue to be given to the new intake at school. |







| Key indicator 3: Increased confidence   | e, knowledge and skills of all staff in te  | eaching PE and s          | port                                    | Percentage of total allocation:                                  |  |
|---|---|---------------------------|---|--|--|
|   |   |                           |   | %  |  |
| School focus with clarity on intended impact on pupils:   | Actions to achieve:   | Funding allocated:        | Evidence and impact:                    | Sustainability and suggested next steps:                         |  |
| To ensure that pupils receive high quality tuition across the curriculum.   | curriculum whilst working with school teaching staff.   | No cost                   | teacher receiving high quality tuition. | support staff.  Check dates and book staff on                    |  |
|   | Employment of non-specialised teaching assistants to support the PE teacher with the development of PE & Sport skills throughout all year groups.                                     |                           | •                                       | Identify any further training required. Dance and swimming       |  |
|   |   | £300<br>PE Leadership CPD | Forest School activities increased.     | J  |  |
|   | Forest School staff to attend courses/CPD   | £55.00                    |   |  |  |
|   | Newly employed lunchtime supervisor to initiate physical activity during the lunch period.  | £2,000                    |   |  |  |
| All pupil to enjoy Forest School sessions on a four-week rota basis per class. This engages them in a range of physical activity and nurtures their passion for the outdoor life. | Employment of Forest school leader and teaching assistants to work alongside the teacher - for the whole school on a rota basis per class.  Smaller group sizes.  More adult support. | £3,000                    |   | Already engrained into the school timetable and to be continued. |  |









| To continue links with local schools and | To enable networking/use of local       | See Key     | Continue to enter competitions          | Look at the competition calendar,   |
|--|---|-------------|---|-------------------------------------|
| outside sporting agencies/clubs.         | facilities and experience of specialist | Indicator 4 | allowing the profile of sport and PE to | decide which competitions we        |
|  | teachers and equipment.                 |             | grow across the school.                 | would like to enter.                |
|  |   |             | Teachers are exposed to other sports    |                                     |
|  |   |             | specialists, gaining further skills and | To further develop links with local |
|  |   |             | experience to use in their own          | schools and outside sporting        |
|  |   |             | lessons.                                | agencies/clubs.                     |
|  |   |             |   |                                     |

| <b>Key indicator 4:</b> Broader experience of a range of sports and activities offered to all pupils |   |            |  | Percentage of total allocation:    |
|--|---|------------|--|------------------------------------|
|  |   |            |  | %                                  |
| School focus with clarity on   | Actions to achieve:                                       | Funding    | Evidence and impact:                   | Sustainability and suggested       |
| intended   |   | allocated: |  | next steps:                        |
| impact on pupils:  |   |            |  |                                    |
| Additional achievements:   | As part of the HMFA group of schools, children            | £215       | As a result of this extra funding a    | Hire of transport to enable access |
|  | have the opportunity to take part in a wide               |            | greater number of children are now     | to sporting events.                |
| Opportunities for all pupils to  | range of activities, including, HMFA Federation           |            | involved in extracurricular activities |                                    |
| experience a wide range of   | Athletics, Quick Sticks, Hockey, Tag Rugby,               |            | and the school has participated in a   | Put dates in the diary for         |
| sporting activities & outdoor  | Gymnastics, Netball, Multi-Skills and Cricket.            |            | larger number of sporting events with  | competition schedules.             |
| pursuits.  | School Games events held at John Kyrle High               |            | other schools. This has included       |                                    |
|  | School – including tennis, netball, athletics,            |            | competitive events for less active     | Photos and displays in school and  |
|  | rounders. (Planned expenditure was £800).                 |            | pupils.                                | on the website.                    |
|  | KS1 Festive outside activities – Sutton                   | £33        |  |                                    |
|  | Academy   |            | Hire of transport required.            |                                    |
|  | Arena & Track Hire Halo Leisure Hereford                  |            | Pupils have first choice to the HMFA   | Book our HMFA mini-bus in          |
|  | (cancelled was £25)                                       |            | mini-bus kept at Llangrove CE          | advance to ensure access.          |
|  | Swimming Gala at Monmouth Boys School (cancelled was £83) |            | Academy.                               |                                    |
|  | , , , , , , , , , , , , , , , , , , ,                     |            |  | Arrange supply cover if necessary  |
|  | HMFA Mini-Bus running costs & insurance                   | £187       |  | to cover teachers taking pupils to |
|  |   |            |  | sports events.                     |
|  | Staff cover to release teacher to enable                  |            |  |                                    |
|  | participation in matches, federation activities           |            |  |                                    |
|  | and outdoor pursuits.                                     |            |  |                                    |











| To have a broad range of clubs offered to all children.                                   | Have a variety of active school clubs available for children to enjoy after school and at lunchtime.  |   | Continue to offer a range of active school clubs.  |
|---|---|---|--|
|   | To employ specialist sports coaches to deliver after school clubs as well as dance. Only dance took place.  |   |  |
| Pupils to experience sports professionals visiting and teaching alongside our PE Teacher. | KS2 children to be coached by Worcester Warriors  Hereford Modern Pentathlon. (cancelled was £70)  Professional tennis coach. (cancelled was £60) | , | Continue inviting Worcester<br>Warriors and other outside<br>professional sports persons into<br>school. |

| <b>Key indicator 5:</b> Increased participation   | Percentage of total allocation:            |      |  |  |
|---|--|------|--|--|
| School focus with clarity on intended impact on pupils:   | % Sustainability and suggested next steps: |      |  |  |
| To expand and maintain extra-curricular sporting events. Increasing participation. Helping maintain the Gold School Games Mark. | staff to take children to fixtures. Having | £675 | Competitions record showing increased number of fixtures and increased number of overall participants. | Staff are to book their minibus training – which is 3 days for each member of staff. |









| To maintain the Gold School Games Mark     | Ensure that the school enters the                  | No Cost             | Children will have the opportunity to | Continue to enter             |
|--|--|---------------------|---------------------------------------|-------------------------------|
| award which recognizes the commitment      | appropriate number of school                       |                     | flourish in a competitive sports      | competitions and hold more    |
| to support PE and school sport through     | competitions to allow children to have             |                     | environment in a variety of sports.   | intra competitions.           |
| engagement in the School Games.            | access to competitive sports.                      |                     |                                       |                               |
|  |  |                     | Children will have an opportunity to  | Host more sporting events.    |
|  | Organise and hold one intra-school                 |                     | compete against their peers in a      |                               |
|  | house competition every term.                      |                     | variety of sports.                    | Continue inviting Worcester   |
|  | Worcester Warriors to organise a house tournament. |                     |                                       | Warriors into school.         |
|  |  |                     |                                       | Teachers trained by coach to  |
|  |  |                     |                                       | continue independently when   |
|  |  |                     |                                       | required.                     |
| As part of the HMFA group of schools,      | Hire of transport to enable access to              | See Key Indicator 4 | As a result of the funding a greater  | To continue participating in  |
| children have the opportunity to take      | sporting events and swimming gala.                 |                     | number of children are now involved   | regular sporting events and   |
| part in a wide range of activities,        | Contribution towards use of HMFA mini              |                     | in extracurricular activities and the | accepting other opportunities |
| including: Federation Olympics, HMFA       | buses.   |                     | school has participated in a larger   | with other schools and        |
| Quick Sticks, Hockey, Tag Rugby,           |  |                     | number of sporting events with other  | sporting fixtures.            |
| Gymnastics, Netball, Tennis, Hi 5 Netball, |  |                     | schools.                              |                               |
| Football, Multi-Skills, Cricket and Cross  | participation in matches, Federation               |                     | Community of the                      |                               |
| Country.                                   | activities and outdoor pursuits.                   |                     | Competition schedules.                |                               |
| We also represent the Ross Cluster         |  |                     | Photos and displays in school, on the |                               |
| schools in the Herefordshire Winter        |  |                     | website and social media.             |                               |
| School Games in Quick Sticks Hockey and    |  |                     |                                       |                               |
| take part on the Ross School Cluster       |  |                     |                                       |                               |
| Swimming Gala.                             |  |                     |                                       |                               |
| Rugby coaching from Worcester Warriors     |  |                     |                                       |                               |
| in preparation for matches.                |  |                     |                                       |                               |
| ESTIMATED TOTAL                            | SPENT 2019 – 2020                                  | £12,979             |                                       |                               |
| BALANCE TO CARRY FO                        | PRWARD TO 2020 -2021                               | £15,800             |                                       |                               |
| 5.12 1.132 1.3 <b>5.1</b> 111 1.3          |  |                     |                                       |                               |

Money not currently assigned will be used for further coaching, staff training, targeting pupil progress and the purchase of equipment and apparatus.









