

LLANGROVE CE ACADEMY



Primary PE & Sports Premium
2022 - 2023



Children Playing, Improving & Smiling



Key achievements to date:	Areas for further improvement and baseline evidence of need:
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PE Achievements & Performances 2022-23

School Games Mark Award

Llangrove CE Academy have maintained the Gold award in the School Games mark award, for the fourth academic year. This achievement enables us to qualify to try for the Platinum award in the next two years.

Herefordshire School Games

Pupils in Year 4 participated in the Spring School Games at Hereford Leisure Centre. They participated in the Sportshall athletics event and achieved the School Games Values award for honesty.

Herefordshire Virtual

Last Christmas, all our pupils participated in a “Santa Dash” virtual event organised by Herefordshire School Games.

Girls Football – Herefordshire

All our girls in Years 3 and 4, travelled to Hereford to play a number of football games with lots of other girls in the area. The girls definitely felt inspired, improved their skills with some of our pupils considering joining local teams.

HMFA Sports League

Llangrove CE Academy competed in two HMFA Federation Sports League this academic year.

- Netball tournament – held at Scudamore Academy – achieving 3rd place overall.
- Running athletic events – held at Hereford Leisure Centre - for all our pupils from Years 3-6, participated in at least one event. We achieved third position out of six schools, bringing back to school 3 Golds, 17 Silvers and 14 Bronze medals.

Rounders Festival

Year 6 and those in Year 5 who chose to compete, travelled to Ross-on-Wye Rugby Club to participate in a rounders festival against other local primary schools. Winning one, drawing one, with time running out for their final game, all pupils had a fantastic afternoon meeting other children from schools in the locality.

School Sports Week

To celebrate School Sports Week in June 2023, we invited numerous experts in their sporting fields to give our pupils a taster of their specialised sport. The children participated in Cheerleading, Fencing, Ballet, Tennis, a session with a Personal Trainer, Assault courses, Tag rugby and Cricket. We were delighted to invite ‘Fitness Forces’ back this year to lead team building exercises with all our pupils.

Continue providing a greater range of activities to engage the more reluctant pupils at break times and lunch times.

Coaches brought in to give children new experiences in less common sports.

To continue with our outstanding achievements in the School Games Awards and to strive for the Platinum Mark in 2022 -2023.

Swimming

Years 4 and 5 received 10 hours in the Monmouth School Sports Club pool improving their water confidence, swimming and lifesaving skills. Years 6 and 3 received 5 hours. All pupils were assessed and all achieved a School Lessons Swimming certificate (issued by the STA) varying from levels 2 to level 8.

83.3% of our Year 6 pupils can swim 25 metres independently, using a recognised swimming stroke. This year we held a house team swimming gala.

Coaching

In the Autumn term, Years 4, 5 and 6 received seven hours of football coaching from an ex Swansea City Junior player. Football skills were learnt which culminated in an intra-house competition.

Additionally, an experienced tennis coach provided 10 weeks of tennis lessons for our pupils in Years Reception, 1, 2 and 3.

Dance

Years 4, 5 and 6 performed a “Splish Splash” themed dance at the Courtyard Theatre in Hereford. They performed twice on the day to audiences of over four hundred people. Many nerves were conquered and confidence soared through the roof.

Years 2 and 3 devised and created a dance relating to their theme of Volcanoes. Videos were uploaded to our See-Saw platform.

Intra-house competitions

Intra house competitions have continued to thrive this academic year, with house team competitions in Football, Dodgeball, Gymnastics, Rounders and Swimming.

Team building skills were improved with orienteering activities designed for all from Reception to Year 6.

Student Leadership

Year 6 continue to develop their leading skills by organising and leading activities for their class. They also had a go at appraising and providing feedback to an array of activities designed and led by Years 4 and 5.

Year 2 also showed their leadership skills by planning and leading an assault course especially designed for their new peers joining them in September 2023.

The Daily Mile

The “Daily Mile” continues to be an integral part of our typical school day – normally taking place at 9.30am.

Sports day

Sports Day is our final sporting event of our academic year, with our pupils in all four houses competing for the Sports Day shield. It celebrates not only our pupils’ performance in competition, but also our sporting values. Two children from each class are recognised for their “Sport Values” – including - passion, determination, teamwork, honesty, respect and self-belief. These pupils are awarded a Sports medal.

Created by:



Supported by:



Details with regard to funding

Please complete the table below.



Total amount carried over from 2021/22	£0
Total amount allocated for 2022/23	£16,640
How much (if any) do you intend to carry over from this total fund into 2022/23?	£0
Total amount allocated for 2022/23	£16,640
Total amount of funding for 2022/23 To be spent and reported on by 31st July 2023.	£16,640

Swimming Data

Please report on your Swimming Data below.

<p>Meeting national curriculum requirements for swimming and water safety. N.B. Complete this section to your best ability. For example, you might have practised safe self-rescue techniques on dry land which you can then transfer to the pool when school swimming restarts. Due to exceptional circumstances priority should be given to ensuring that pupils can perform safe self rescue even if they do not fully meet the first two requirements of the NC programme of study</p>	
<p>What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres? N.B. Even though your pupils may swim in another year please report on their attainment on leaving primary school at the end of the summer term 2020. Please see note above</p>	83.3%
<p>What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]? Please see note above</p>	83.3%
<p>What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?</p>	100%
<p>Schools can choose to use the Primary PE and sport premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?</p>	Yes

Action Plan and Budget Tracking

Capture your intended annual spend against the 5 key indicators. Clarify the success criteria and evidence of impact that you intend to measure to evaluate for pupils today and for the future.

Academic Year: 2022/23		Total fund allocated:	Date Updated:	
<p>Key indicator 1: The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officers guidelines recommend that primary school pupils undertake at least 30 minutes of physical activity a day in school</p>				Percentage of total allocation:
				%
Intent	Implementation		Impact	
<p>To Continue the engagement of all pupils in regular physical activity.</p> <p>To promote a healthy active lifestyle. Include an extra 30 minutes physical activity per day in line with Government guidelines.</p>	<p>All children to receive at least 2 hours PE a week.</p> <p>The school is striving to ensure that all pupils have at least 30 minutes of activity a day.</p> <p>Ensure more active lessons</p> <p>Improve quality of playtimes/ lunchtimes. Lunchtime supervisors supported by PE specialist to ensure provision for sporting activities at lunchtimes, in order to promote physical activity.</p>	No cost	<p>Timetables.</p> <p>Pupil tracking and fitness levels.</p> <p>Twice a week, children are required to participate in structured moving activities on the playground. Field used in dry conditions.</p> <p>Once a week the “Sports Crew” provide a range of activities for peers to get “moving”.</p> <p>“Personal Challenges” are offered during break times.</p> <p>Pupil Council and Sports Crew feedback.</p> <p>Displays around the school.</p>	<p>Structured moving activity already engrained in school timetable.</p> <p>To target specific groups of children (PP/less active) to continue to raise participation levels.</p> <p>Encourage children to lead and gain a love of sport, are motivated and knowledgeable enough to take next steps themselves.</p> <p>Once engrained in the life of the school this will continue without much input.</p>
<p>To ensure that equipment is updated to provide the best experiences for children to participate in a range of activities, both curricular and extra-curricular.</p> <p>To ensure that all children enjoy some form of sport or physical Activity.</p>	<p>Update PE equipment which becomes old and damaged to ensure it provides sustainability for purpose and activity.</p>	£2,552	<p>Children have access to high quality equipment to facilitate progress and enjoyment within PE, allowing the enhancement of skills in a broad range of sports.</p>	<p>Equipment is well up to date.</p> <p>Pupils to have experience of a wider range of PE & Sport equipment.</p> <p>School to perform better in sport with improved fitness levels of pupils.</p>

Increase the level of activity and physical challenge in for Reception and Year 1 & Year 2 children.	Including £2,735 Balanceability Bikes, scooters, helmets and activity course	£2,735		
All pupil to enjoy Forest School sessions on a half-term rota basis per class. This engages them in a range of physical activity and nurtures their passion for the outdoor life. To continue updating and renewing Forest School learning resources.	Forest school sessions for the whole school on a half-term rota basis per class. Children participate in high quality outdoor learning sessions. Forest Schools Paediatric First aid course.	£88	Pupils are physically active during Forest School sessions and take part in a range of activities including running and climbing. Pupils enjoy the outside life. Quality teaching leads to enhanced learning opportunities for children. Evidence that staff are confident in planning & delivery of Forest Schools. Pupils have access to a wider range of opportunities to develop their outdoor skills and physical levels.	Already engrained into the school timetable and to be continued.
Raise the profile of swimming. Year 6 children to receive extra swimming provision in order to ensure they can: Swim competently, confidently and proficiently over 25 metres. Use a range of strokes effectively. Perform safe self-rescue in different water-based situations.	Swimming lessons for all KS2 pupils during the school year. Year 6 catch-up lessons. Two support staff together with two extra swimming instructors to support the class teacher.	£298	Pupils of all ages to gain water confidence. Pupils are able to self-rescue and attain KS2 requirements by the end of Year 6. Analyse Swimming data when children have finished their sessions.	Swimming for the whole school will continue next year. Swimming pool and instructors to be booked as well as transport.
Ensure safety of all sporting, playground equipment and surfaces.	Maintenance and repair of existing Sporting and Playground equipment.	£153	Daily use of the playground equipment and surfaces.	Regular safety inspections & maintenance carried out.

Key indicator 2: The profile of PESSPA being raised across the school as a tool for whole school improvement				Percentage of total allocation:
				%
Intent	Implementation		Impact	
<p>Report through regular newsletters and on the website and social media.</p> <p>Assemblies led by pupils celebrating achievements and sporting events.</p> <p>Pupils given leadership roles.</p> <p>Celebrate participation through certificates, rewards, medals, values trophies etc.</p> <p>House competitions.</p> <p>Sponsored events.</p>	<p>Fortnightly newsletters publish the week's "Sports Stars" from each class.</p> <p>Pupils sporting achievements out of school are celebrated by parents using 'Gold Award' certificate system.</p> <p>Regular sport updates on school website and linked to Twitter site.</p> <p>Sporting achievement displayed on school noticeboard.</p> <p>Pupils to write and read out match reports in assembly.</p> <p>Pupils to have the opportunity to become a Sports Crew member.</p> <p>Purchase of rewards etc. Organise sporting events. Achieve Sainsbury's Gold award.</p>	<p>£ 265</p> <p>£125</p> <p>£32</p>	<p>Pupils monitor their own achievements during lesson plenaries and peer discussion. Intra-school House competitions.</p> <p>Inter school competitions – within the HMFA Federation and primary schools local to Ross-on-Wye (via School Games)</p> <p>Match reports to be published on the school website, social media and school noticeboard.</p> <p>Sports Crew to be ambassadors of sport around the school, helping to lead competitions, inspire younger pupils and be good role models. Year 6 organise and run a yearly multi-skills afternoon for the whole school.</p>	<p>Sports Crew to continue to work with pupils. Next steps are to focus on the younger pupils in order to teach them how to lead games and build their leadership skills.</p> <p>Year 6 to run a multi-skills event twice during the academic year.</p>
<p>To continue promoting physical exercise, 'in-lesson' activities, healthy eating etc. via existing interactive TV screen.</p>	<p>To continue to promote healthy eating, physical exercise, PE lessons and NHS information.</p> <p>Encouraging self-evaluation through filming PE skills and other activities.</p>	<p>No cost.</p>	<p>On-going updates of videos and interactive activities to allow children to use the screen in lessons and in free time.</p>	<p>This technology enhances the delivery of our PE & sport curriculum. Encouraging PE & sport along with other physical activities whatever the weather.</p>
<p>Use pupil voice as a tool to organise a range of sporting and intra-school events.</p>	<p>Use the school council and class surveys to develop a Llangrove CE Academy school competition calendar.</p>	<p>No cost</p>	<p>Pupils are encouraged by their peer's achievements to take part in sporting activities.</p>	<p>Photos and displays in school, report in newsletters and on the website.</p>
<p>New reception and children joining the school to receive new PE & Sporting supplies, including sun cap, water bottle and PE Bag with school logo.</p>	<p>Children are introduced to PE & sport at an early age and therefore it becomes engrained in their daily life.</p>	<p>£450</p>	<p>Pupils are excited to use their new supplies to emulate their older peers. This encourages regular physical activity with other children.</p>	<p>PE & Sporting supplies will continue to be given to the new intake at school.</p>

Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport				Percentage of total allocation:
				%
Intent	Implementation		Impact	
To heighten the quality and confidence of PE Lesson through on-line Resources, when specialist PE teacher is not available.	<p>Purchase of on-line PE Planning resource with PePlanning.org.uk. an annual subscription.</p> <p>Foundation Stage through to Key Stage 2 with active, engaging learning</p> <p>This resource was superficially chosen so it marries up with the teaching in school ensuring progression.</p>	£165	<p>Staff confidence, knowledge and skills in teaching PE and Sport increased. Hundreds of lesson plans tested and updated by PE Specialists every week to ensure all activities are fresh fun and up to date for your PE lessons.</p> <p>Quality teaching leads to enhanced learning opportunities/experiences for children and progress is evident. Evidence that staff are confident in planning and delivery of PE.</p>	If successful to be continued in 2023 – 2024.
<p>To ensure that pupils receive high quality tuition across the curriculum.</p> <p>To offer more specialist PE teaching to children within school.</p> <p>To upskill class teachers & TAs with PE games.</p>	<p>Employment of PE specialist teacher to ensure high quality tuition across the curriculum whilst working with school teaching staff.</p> <p>Employment of non-specialised teaching assistants to receive CPD from our specialist PE Teacher to support with the development of PE & Sport skills throughout all year groups.</p> <p>Lunchtime supervisor to initiate physical activity during the lunch period.</p>	<p>No cost</p> <p>£2,000</p> <p>£2,000</p>	<p>Pupils taught by an experienced PE teacher receiving high quality tuition. Class teachers and support staff working with the PE teacher gain knowledge, skills and confidence.</p> <p>Staff confidence, knowledge and skills in teaching PE and Sport increased.</p> <p>All staff confidence and knowledge in Forest School activities increased.</p>	<p>PE teacher to continue team-teaching with class teachers and support staff.</p> <p>Check dates and book staff on CPD.</p> <p>Identify any further training required. Dance and swimming coaching.</p>
All pupils to enjoy Forest School sessions on a half-term rota basis per class. This engages them in a range of physical activity and nurtures their passion for the outdoor life.	<p>Employment of Forest School leader to develop the knowledge and skills of the class teachers and teaching assistants, enabling them to lead their own sessions for the whole school on a rota basis per class.</p> <p>Smaller group sizes.</p> <p>More adult support.</p>	£2,500	<p>Pupils are physically active during Forest School sessions and take part in a range of activities including running and climbing.</p> <p>Pupils enjoy and participated in different outdoor activities.</p>	Already engrained into the school timetable and to be continued.

To continue links with local schools and outside sporting agencies/clubs.	To enable networking/use of local facilities and experience of specialist teachers and equipment.	See Key Indicator 4	Continue to enter competitions allowing the profile of sport and PE to grow across the school. Teachers are exposed to other sports specialists, gaining further skills and experience to use in their own lessons. All pupils have the opportunity to participate in a range of competitive sports.	Look at the competition calendar, decide which competitions we would like to enter. To further develop links with local schools and outside sporting agencies/clubs.
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Key indicator 4: Broader experience of a range of sports and activities offered to all pupils				Percentage of total allocation:
Intent	Implementation		Impact	17%
Additional achievements: Opportunities for all pupils to experience a wide range of sporting activities & outdoor pursuits.	HMFA Mini-Bus running costs & insurance As part of the HMFA group of schools, children have the opportunity to take part in a wide range of activities, including, HMFA Federation Athletics, Quick Sticks, Hockey, Tag Rugby, Gymnastics, Netball, Multi-Skills and Cricket. School Games events held at John Kyrle High School – including tennis, netball, athletics, rounders.	HMFA coach £345 Transport: £637	As a result of this extra funding a greater number of children can be involved in extracurricular activities and the school can participate in a larger number of sporting events with other schools. This will include competitive events for less active pupils. Hire of transport required. Pupils have first choice to the HMFA mini-bus kept at Llangrove CE Academy.	Hire of transport to enable access to sporting events. Put dates in the diary for competition schedules. Photos and displays in school and on the website. Book our HMFA mini-bus in advance to ensure access. Arrange supply cover if necessary to cover teachers/staff taking pupils to sports events.
To have a broad range of clubs offered to all children.	Have a variety of active school clubs available for children to enjoy after school and at lunchtime. To employ specialist sports coaches to deliver after school clubs as well as dance.	No cost	Increased percentage of pupils attending clubs. Club lists. Increased enthusiasm for PE & sport. Increase in fitness levels in pupils. Increase skills & knowledge of PE games.	Continue to offer a range of active school clubs.

<p>Pupils to experience sports professionals visiting the school who are providing CPD working alongside our specialist PE Teacher.</p>	<p>Planned professionals/coaches to provide CPD alongside class teachers/specialist PE teacher:</p> <p>Tennis coach for after school club. Cricket – Chance to Shine. Stride Active Ambassador. Football coach. Athletic professional. Army Day Dance/Ballet Taekwondo. Karate, cheerleading, Hereford Pentathlon.</p>	<p>£2,009</p>	<p>Pupils exposed to professional sports persons and experienced coaches.</p> <p>Children from reception to Year 6 to be coached by Worcester Warriors.</p>	<p>Continue inviting Worcester Warriors and other outside professional sports persons into school.</p>
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Key indicator 5: Increased participation in competitive sport			Percentage of total allocation:	
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Intent	Implementation		Impact	
To expand and maintain extra-curricular sporting events. Increasing participation. Helping maintain the Gold School Games Mark.	<p>Mini-bus training for one members of staff to take children to fixtures (RT) Having our own drivers ensure we are more flexible and can participate in more events. Mini Bus Driver Assessment FM</p> <p>Any staff transport costs included. Waiting for</p>	<p>To be held over to 2022/2023</p> <p>£46</p>	Competitions record showing increased number of fixtures and increased number of overall participants.	Staff are to book their mini-bus training – which is 3 days for each member of staff.
To maintain the Gold School Games Mark award which recognizes the commitment to support PE and school sport through engagement in the School Games.	<p>Ensure that the school enters the appropriate number of school competitions to allow children to have access to competitive sports.</p> <p>Organise and hold one intra-school house competition every term. Worcester Warriors to organise a house tournament.</p>	No Cost	<p>Normally Children will have the opportunity to flourish in a competitive sports environment in a variety of sports.</p> <p>Children will have an opportunity to compete against their peers in a variety of sports.</p>	<p>Continue to enter competitions and hold more intra competitions. Host more sporting events. Continue inviting Worcester Warriors into school.</p> <p>Teachers trained by coach to continue independently when required.</p>
<p>As part of the HMFA group of schools, children have the opportunity to take part in a wide range of activities, including: Federation Olympics, HMFA Quick Sticks, Hockey, Tag Rugby, Gymnastics, Netball, Tennis, Hi 5 Netball, Football, Multi-Skills, Cricket and Cross Country.</p> <p>We also represent the Ross Cluster schools in the Herefordshire Winter School Games in Quick Sticks Hockey and take part on the Ross School Cluster Swimming Gala.</p> <p>Rugby coaching from Worcester Warriors in preparation for matches.</p>	<p>Hire of transport to enable access to sporting events and swimming gala. Contribution towards use of HMFA mini buses.</p> <p>Cover to release a teacher to enable participation in matches, Federation activities and outdoor pursuits.</p>	See Key Indicator 4	<p>As a result of the funding a greater number of children are now involved in extracurricular activities and the school has participated in a larger number of sporting events with other schools.</p> <p>Competition schedules.</p> <p>Photos and displays in school, on the website and social media.</p>	To continue participating in regular sporting events and accepting other opportunities with other schools and sporting fixtures.